



# Health is our Occupation

As the UK's Number One occupational health (OH) provider,<sup>1</sup> Atos Healthcare's OH services enhance the lives of over 748,000 people each year. We combine the highest standards of clinical excellence with measurable value for money to pro-actively promote health, reduce sickness absence and increase productivity.

Atos ™  
Healthcare

<sup>1</sup> The UK Occupational Health Market Development Report, Market and Business Development 2008 (based on market share)

Atos Healthcare delivers 24 hour occupational healthcare, 7 days a week, across the UK. We engage the largest number of doctors outside the NHS and we are a Nursing Times Top 100 employer.<sup>2</sup> We also we run services using the General Medical Council's approved quality systems, which are recognised by the Health Quality Service.

### Working in partnership

Atos Healthcare has the expertise, experience, capability and commitment to provide timely and cost-effective occupational health services. Above all, we have the track record of working with our clients to deliver real value.<sup>3</sup>

Employing a wide range of healthcare professionals, our principal goal is to deliver an occupational health programme that equips managers with the tools and skills they need to manage staff health on behalf of your business. By acknowledging, analyzing and addressing the health risks to both employer and employees, our solutions have earned a reputation for success in:

- > Compliance with legislation
- > Mitigating health risks in the workplace
- > Reducing sickness absence
- > Facilitating rehabilitation back to work
- > Providing strategic advice on HR policy
- > Improving organisational morale
- > Increasing workforce productivity.

### Attendance management

We have a clear and systematic methodology for helping managers deal with staff absence. Our process is driven by a powerful combination of manager training, HR policy and occupational health delivery. It includes:

- > Rapid referral for faster access to treatment
- > Simple reporting procedures
- > Case conferencing and supplementary support, to ensure managers are confident about making decisions
- > Focus on returning employees to work
- > Improving management of physical and mental health.

### Capability and disability

Our disability in the workplace expertise focuses on creating a working environment that helps disabled employees fulfil their roles as naturally as their colleagues. By concentrating on ability rather than disability, we engender equality and change assumptions to benefit people and businesses alike.

### Statutory requirements

Where there is a statutory requirement to conduct workplace assessments or health screening – for example, due to the presence of lead, asbestos, ionising radiation, driving or workplace exposures – we offer assessments that provide the basis for complying with appropriate legislation. For both employers and employees, the right health advice and recommendations are combined in one, mutually beneficial service.

### Psychological health

Recognising and dealing with psychological problems is an important part of modern business life. Whether it's the onset of stress related symptoms that reduce someone's working capacity, or life factors such as bereavement or divorce, we offer comprehensive psychological health services that are professional, discreet and totally confidential.

### Atos Healthcare Employee Assistance Programme

Employees gain access to the majority of our services through their manager, but our Employee Assistance Programme is designed to be a self-referral service. We offer a confidential and independent route to counselling, assistance and support. Our helpline is always open, 24 hours a day, 7 days a week.

For face-to-face support, our national network of counsellors provide high quality support in locations close to an employee's home or office.

### Personal counselling services

The counselling and support services we provide include:

- > Stress, anxiety and depression
- > Health in relation to work
- > Bereavement support
- > Relationship, divorce and family conflict
- > Trauma support
- > Alcohol and drug misuse
- > Government benefits
- > Debt and consumer information
- > Harassment and conflict at work
- > Child and elder care
- > Financial and legal information.

### Occupational health consultancy

High quality consultancy is a core attribute of our service, particularly for management techniques and business-wide compliance with current legislation. We devise, design and deliver personalised presentations and seminars for management that cover:

- > Stress avoidance, recognition and strategies for at-work mediation and faster back-to-work services
- > Legislation and avoiding litigation through pro-active occupational health.

### Wellbeing service

Through high quality health screening, health promotion and immunisation programmes, our Wellbeing service is dedicated to helping your business prevent employee ill-health, advising on positive life choices and dealing proactively with those health conditions that do occur.

### Going forward

If you would like more information about Atos Healthcare and the services we offer, please call us on 0207 830 4931 or visit [atoshealthcare.com](http://atoshealthcare.com)

<sup>2</sup> 2006-2008

<sup>3</sup> The Value of Rude Health, David Marsden and Simone Moriconi London School of Economics, Centre for Economic Performance and Department of Management, May 2008