

## Royal Mail wins the Healthy Workplace Award for its Health & Wellbeing programme delivered by Atos Healthcare

London, 20 July 2009

Royal Mail Group recently won the BITC Example of Excellence in the category Healthy Workplace Award. In one year, its Health & Wellbeing programme supported by Atos Healthcare has reduced the company's sickness absence by 7%, saving the company over £15 million in sickness absenteeism.

Atos Healthcare, the number one occupational healthcare provider in the UK<sup>1</sup> and a business unit of Atos Origin, has been delivering occupational healthcare services to Royal Mail Group since 2002 and has developed, implemented and now runs its Health and Wellbeing programme. The programme demonstrates the value of each employee's contribution to the organisation. Services include health screenings; advice on health, nutrition and wellbeing; Men's and Women's Health Events; a confidential helpline; face to face counselling and an online screening facility.

On winning the award, Adam Bowles, Head of Corporate Responsibility & Engagement Services at Royal Mail commented: "Winning this award is recognition of the value that we place in our employees. Through working closely with Atos Healthcare, we have delivered a Health and Wellbeing programme that benefits all our employees while helping us to run our organisation more efficiently."

Dr Will Cavendish, Director of Health and Wellbeing, Department of Health, Healthy Workplaces award judge, said: "I congratulate Royal Mail for their achievement as Example of Excellence. They have shown leadership and commitment, and have driven through a programme that is both innovative and replicable showing real impact to the bottom line and also to the health of their employees. The judges were particularly impressed by the scale and significance of their programme particularly during a time of change and restructuring."

The Business in the Community Examples of Excellence Awards were held on 6<sup>th</sup> July 2009 at Clarence House in the presence of HRH The Prince of Wales. Awards were presented to 14 businesses and two individuals, recognising their innovation, creativity and a sustained commitment to corporate responsibility. The Healthy Workplace Award, supported by the Department of Health, in association with the Health and Safety Executive

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<sup>1</sup> Based on market share and according to the latest UK Occupational Health Market Development Report, Market and Business Development 2008, published by MBD.





## Notes

### About Atos Healthcare

Atos Healthcare, a division of Atos Origin, combines the Company's expertise in consulting, technology and healthcare to improve the way care is delivered. Services range from lean service transformation, commissioning, hosting and software development, through to disability assessments, occupational health and front line primary care. Atos Healthcare has a team of more than 2500, of whom over 1900 are qualified medical professionals.

### About Atos Origin

Atos Origin is an international information technology services company. Its business is turning client vision into results through the application of consulting, systems integration and managed operations. The company's annual revenues are EUR 5,8 billion and it employs over 50,000 people in 40 countries. Atos Origin is the Worldwide Information Technology Partner for the Olympic Games and has a client base of international blue-chip companies across all sectors. Atos Origin is quoted on the Paris Eurolist Market and trades as Atos Origin, Atos Worldline and Atos Consulting.

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